

*6th Form Leadership  
Team weekly update*

Monday 25th January 2021

# Welcome



*Hi all,*

*Welcome to the 6th Form Leadership weekly catch up!*

*During these strange times it is important to keep positive and stay in touch.*

*Thanks to Francesca, David, Libby, May and Summer who have taken the time to put this together and share some great tips, news and activities to keep you occupied during lockdown.*

*This is the first edition today, and we hope you enjoy reading it.*

*If you have any ideas for future editions, or would like to contribute something then get in touch!*

*Take care,  
Miss H*



29th January - **UCAS Deadline for ALL**

**applications** (check out Francesca's last minute personal statement tips...)



12th February - **Half Term**

# Last Minute Checks for Personal Statement

By Francesca

By no means am I an expert on UCAS and personal statements but I thought I would just add some last minute tips that helped me to finish off your personal statement (Don't worry you still have a few days!). So here is a checklist of things:

- Make sure you have included as many things as you can, without it sounding too much like a list. And with each of your main points, make sure they link back to your course, and why you want to study that course.
- Think about what makes you stand out, you don't have to explicitly say why you stand out, but things you have done that make you different, whether it be a role within in school, a sport or any work experience you have done.
- Try and give your personal statement to family and friends, they may be able to help with wording things better, and see any mistakes you have made.
- This is a given, check that your spelling and grammar is COMPLETELY correct. These personal statements could be going to people who have studied English for years, they won't be pleased with a spelling error.
- This goes along with grammar, but make sure the structure is clear, and it flows nicely. So start with an introduction, then a few paragraphs about what you've done, your A levels, work experience, jobs, any outside academic stuff, then finish with stuff about you personally. ( You don't have to have this structure, this was just what worked for me.)
- Don't include the word passion, or only include it once. The people who are reading these personal statements have seen this word millions of times, try and use something different!

Don't stress or feel pressure to apply to uni, it isn't for everyone, especially with Covid going on. But for those of you who are applying, I hope this helps! :)

# Google Classrooms

Learning online can be tough, but not impossible!

This link is a useful guide to help you use Google Classrooms

<https://www.youtube.com/watch?v=qSxNLaWm74g>



## TOP TIPS

**Why not make the most of the Google experience - download some extra tools to help you keep up to date with all of your deadlines. Check out these Google apps.**

Calendar



Meets



Docs



Drive



Slides



Sheets



# World and Wacky News

Here comes some news from recent events or related to recent events that tickled me on the inside :)

## With David

A woman in china has been question by the police after she put a lead on her husband and claimed he was a dog, so she can leave the house.

A massive replica of the hogwarts castle has been made ... out of gingerbread. Took about 3 months to make and probably 3 minutes to eat!

The former head of Israel's space programme has claimed that Donald Trump has "struck a deal" with aliens so that he can't post about them on his twitter, understandable.

A man has spent £300 on treatment for his dog, only to find out he was copying his owner out of pity who had recently broke his leg.

The most intriguing so far is that someone has had a massive tattoo of BoJo on their stomach... and has no regrets.

A rock found that looks a lot like the Cookie Monster could end up being worth £7,300, that's equivalent to 2,433 Tesco meal deals!!!!



# Libby's Top Ideas on 'What to do when you're bored!'

Over lockdown we cannot see our loved ones and friends so I thought of something to help pass the time:

- Baking old recipes or new ones such as trying to recreate dishes from Disney movies or fresh donuts like the ones from the beach
- Going for walks to help relax and clear your mind with or without your family/pet
- Playing online games with friends such as Among us, Uno, Playingcard.io, and Skribblio
- Host a zoom quiz for your friends



# Summer's this week's what to watch

Most popular film on Netflix this week is: Instant Family.

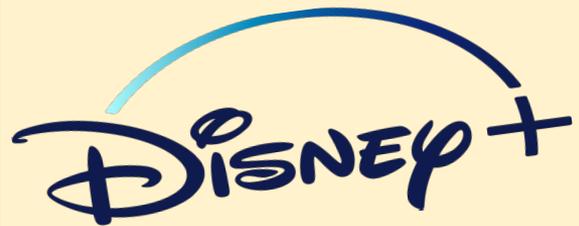
Coming soon on Netflix for the suckers for romance is the final chapter of 'To All the Boys I've loved' :)

For a more action packed series on Netflix try watching Cobra Kai. Which just released the 3rd season this month.

If you are more interested in Disney + there is the new release set of Wandavision for all the Marvel lovers (if you haven't watched it already it's fine. You have lockdown to watch it.)

Most trending on YouTube is Joe Wicks and his PE for anyone who wants to get up and motivated to start the day on a good and motivational note.

# NETFLIX

The Disney+ logo, featuring the word "Disney" in its signature script font with a blue arc above it, and a plus sign to the right.The Marvel logo, consisting of the word "MARVEL" in a bold, white, sans-serif font, tilted upwards to the right, set against a red rectangular background with a white border.The YouTube logo, featuring the word "You" in a black, sans-serif font and "Tube" in a white, sans-serif font, both set against a red rounded rectangular background.

# Self-improvement and character-change

By May Metwaly

Good morning sixth form, how have you been? I know and understand that the third national lockdown in England is the worse and nobody is enjoying it, and no one, including me, has the motivation to do anything. But from today hopefully together we will be able to change that. But first we need to know what is causing the loss of motivation, I wonder if it is fear, anxiety, environment, distraction, lack of reward, you can't give me the actual reason.. Right? Because all of these reasons are the right reasons but everyone have it in different level, and if you have any other reasons let me know.

FINISH  
WHAT  
YOU  
START .

## You can do a plenty of things to keep yourself on track in this lockdown

- Exercise at least 3 days a week - in a way of not punishing yourself.
- Read a book by your favourite author.
- Write down every negative thoughts you get - if you have the skills of writing quotes you can make this negative thoughts to different quotes and use them in your life (trust me it will make a difference).
- And the main one keep your mental health in check.



*There's this video TED Talks explains what I'm talking about in details..*

<https://www.youtube.com/watch?v=Xgyh0ju1M>



Weekly challenge - David

TBD

Starting next week....