

27 January 2022

Dear Parents/Carers

### **Changes to the self-isolation period for those who test positive for COVID-19**

Following the further changes to national restrictions and updated legal advice, as of today, 27/01/2022, we will be moving from the need for 10 days self-isolation to 5 days in line with the national guidance. This also applies to pupils who are currently in self-isolation.

From today, Thursday 27th January, people who are self-isolating with COVID-19 will have the option to reduce their isolation period after 5 full days if they test negative with a lateral flow device (LFD) test on both day 5 and day 6 and they do not have a temperature. For example, if they test negative on the morning of day 5 and the morning of day 6, they can return to their education or childcare setting immediately on day 6.

The first test must be taken no earlier than day 5 of the self-isolation period, and the second must be taken the following day. **All test results should be [reported](#) to NHS Test and Trace.** You will receive a confirmation message once you have submitted a test.

Confirmation messages for the two negative test results submitted to NHS Test and Trace must be sent to the school's attendance officer prior to a student returning from isolation earlier than the full 10 day isolation period.

If the result of either of their tests is positive, they should continue to self-isolate until they get negative results from two LFD tests on consecutive days or until they have completed 10 full days of self-isolation, whichever is earliest.

Anyone who is unable to take LFD tests or anyone who continues to have a temperature will need to complete the full 10 day period of self-isolation.

10-day self-isolation will remain or be re-introduced on Public Health England's advice, where local infection rates are particularly high.

### **Reporting positive tests to school**

The preferred method of reporting positive cases to the school is to email [attendance@wellingschool-tkat.org](mailto:attendance@wellingschool-tkat.org). Please include your child's details and the following information:

- Type of test taken (lateral flow or PCR)
- Date of positive test result
- Confirmation of positive test (PCR)

Yours faithfully



**Mr T Loizou**  
**Assistant Head Teacher**

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**Headteacher**  
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